

# DAILY PROGRAM



HURTIGRUTEN  
MS FRAM

MONDAY, 26.12.2016 – ORCADAS STATION



## OVERVIEW OF RESTAURANT TIMINGS

EARLY BIRD SELF SERVICE  
BREAKFAST BUFFET  
LUNCH BUFFET  
**CAKE BUFFET**  
DINNEBUFFET

06:00 - 07:30  
07:00 - 09:30  
12:00 - 14:30  
**15:00 - 18:00**  
18:00 - 21:00

BISTRO, DECK 4  
RESTAURANT, DECK 4  
RESTAURANT, DECK 4  
PANORAMA LOUNGE, DECK 7  
RESTAURANT, DECK 4

09:00 **Vacuuming** for backpacks and outer-clothes you will bring ashore on the next landing. We provide vacuuming machines on deck 3 and 5.

**EVERYONE** needs to vacuum and sign the declaration as we are moving between biologically distinct zones.

We will call you by boat group to vacuum, in order to avoid queues.

11:30 **Framheim / English**

*The Three Incredible Journeys of the FRAM* by Stian.

11:30 **Polhøgda / Deutsch**

*Amundsen gegen Scott – die Eroberung des Südpols* by Regina.



Ca 15:00 We hope to make a landing at Orcadas Station, in the

South Orkney Islands, were the friendly Argentine Crew will guide us around the station in groups of 60 people at a time. We will begin our landing by calling **group 8 and 1**. Then we are going to have a break of around 45 minutes between each pair of groups. The break will be announced over the loudspeaker system and in all cabins. Listen carefully for the announcements for your group to be called. **You need to wear rubber boots.**

Remember: Return to the landing site immediately if the ship's horn sounds.

21:00 **Panorama Lounge English / Deutsch** Information about tomorrow's program.

21:30 **Film: Framheim/English:** *Shackleton with Kenneth Branagh*, part 2, 100 min

21:30 **Film: Polhøgda / English with German subtitles** *Eis und Meer, Polar- und Meeresforschung am Alfred-Wegener-Institut*, 30 min



**Base Orcadas** is an Argentine scientific station in Antarctica and the oldest of the stations in Antarctica still in operation. It is located on Laurie Island, one of the South Orkney Islands. The base has 11 buildings and four main topics of research: continental glaciology, seismology, sea-ice-zone glaciology and meteorological observations. In 1903 Dr William S Bruce's Scottish National Antarctic Expedition established Omond House, a meteorological station on Laurie Island. During the expedition, however, the crew became stuck in the ice and,

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unable to sail off, were trapped in the station for the winter.

Under the Köppen climate classification system, the station is located under tundra climate, very close to an ice cap climate. The base is influenced by the cold Antarctic Circumpolar Current that runs past the Weddell

-9,4°C (15.1 °F) in June to 1.0 °C (33.8 °F) in February.

In summer approx. 45 people live in the station, in winter only 11.

Enjoy our landing on the South Orkney Islands.

*care walking around on the ship while at sea. Especially venturing out on deck, mind the signs for warning of wet and slippery. Be aware the doors toward the outer decks on 4, 5, 7 and 8 can be potentially dangerous in windy conditions. While walking inside, hold on to railings but not in door frames.*

Sea and the strong westerly winds, creating a colder climate than the coastal areas in the north-western parts of the Antarctic Peninsula. Mean monthly temperatures range from

*We would like to inform you that all stated times and activities are changeable due to weather conditions, or other circumstances out of our control. We kindly remind you to take*

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