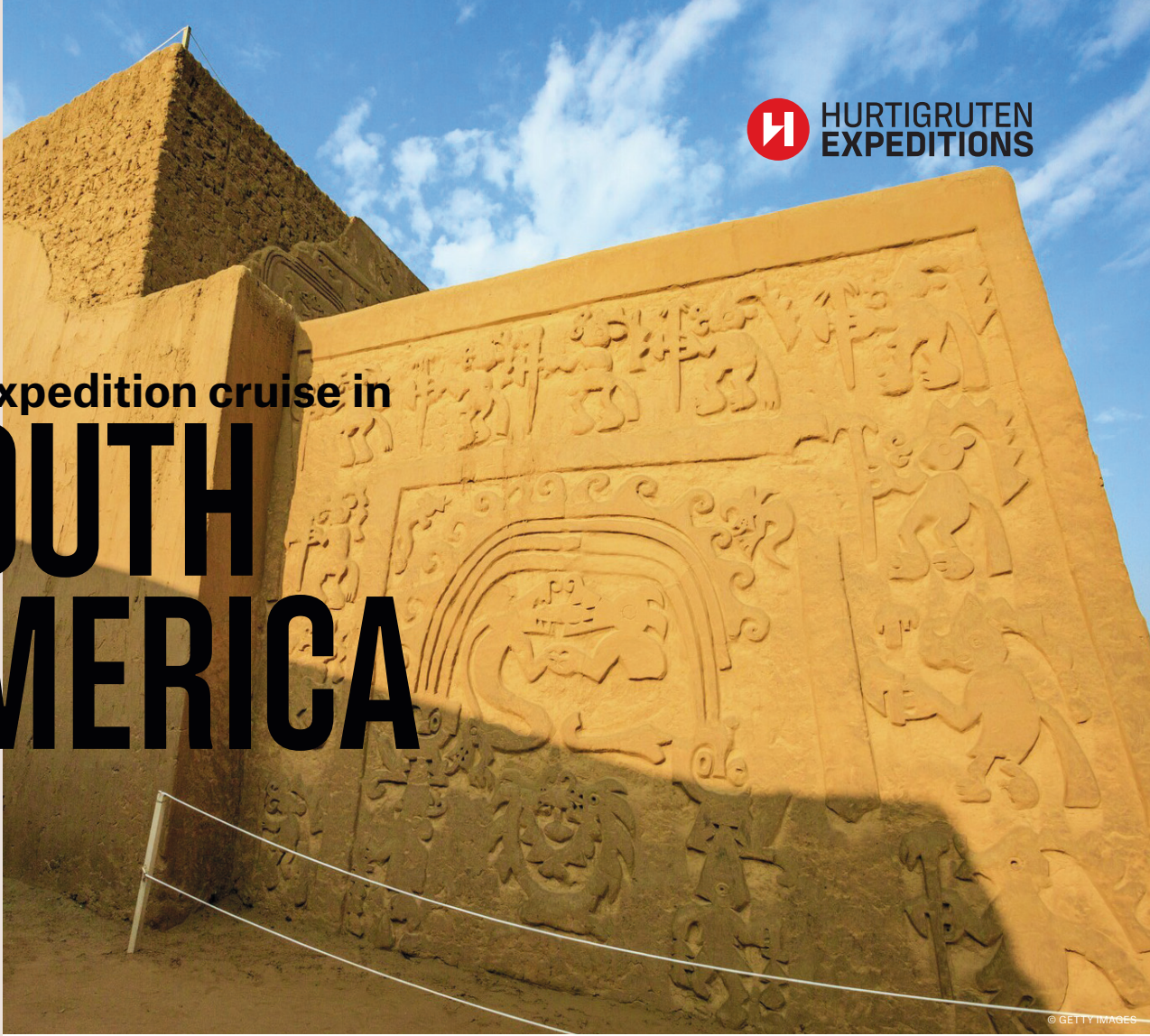


Your expedition cruise in

# SOUTH AMERICA



## Dear guest

Thank you for choosing to travel with us. We are as excited as you are about your expedition to South America. This will be a grand adventure to ancient civilisations featuring gorgeous scenery, an impressive array of wildlife and local culture.

In this document, you will find important information about things you need to do before you go, what we recommend you pack, the experience when on board, and what to expect with wildlife and landings.

Clicking on the underlined links in the document will take you to our website, where you can find further details. Please make sure that you have an internet connection to do this.

You will receive one more mail from us approximately 2-4 weeks before your departure. This will contain your tickets for your itinerary and flights.

We very much look forward to welcoming you on board. Please feel free to contact us if you have any questions:

**Reservations:** +1300-322-062 (AUS), +0800-005-201 (NZ)

**Email:** [au.info@hurtigruten.com](mailto:au.info@hurtigruten.com)

**Web:** [hurtigruten.com.au/expeditions/](http://hurtigruten.com.au/expeditions/)

Kind regards  
Your Hurtigruten team

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Frequently asked questions »

FOLLOW US



# BEFORE YOU GO

There are a few mandatory steps to complete before your expedition cruise in South America.

## 1 Fill in and return the Ship Manifest Information Form to Hurtigruten

## 2 Check your passport

Please ensure your passport has a minimum of 6 months remaining validity at the end of your cruise.\*

## 3 Entry requirements (visa)

Please make sure that you have the correct visa travel document that is required at the time of your expedition.

## 4 Check your travel insurance

A comprehensive travel/health insurance policy that also covers medical evacuation is obligatory.

## 5 Mandatory vaccinations

At the time of publishing, yellow fever vaccination is required or recommended for some of our expeditions. Please visit our entry requirements web page (below) to see the list of voyages that require it.

For your convenience, we have gathered all required forms and important information about entry requirements on one web page.

[Entry requirements »](#)

## Weather and packing

Checking the weather forecast for your destination before you leave is essential to ensuring you are packing appropriate clothes. Make sure you pack suitable clothes for the weather you're returning home to as well.

## We recommend you pack:

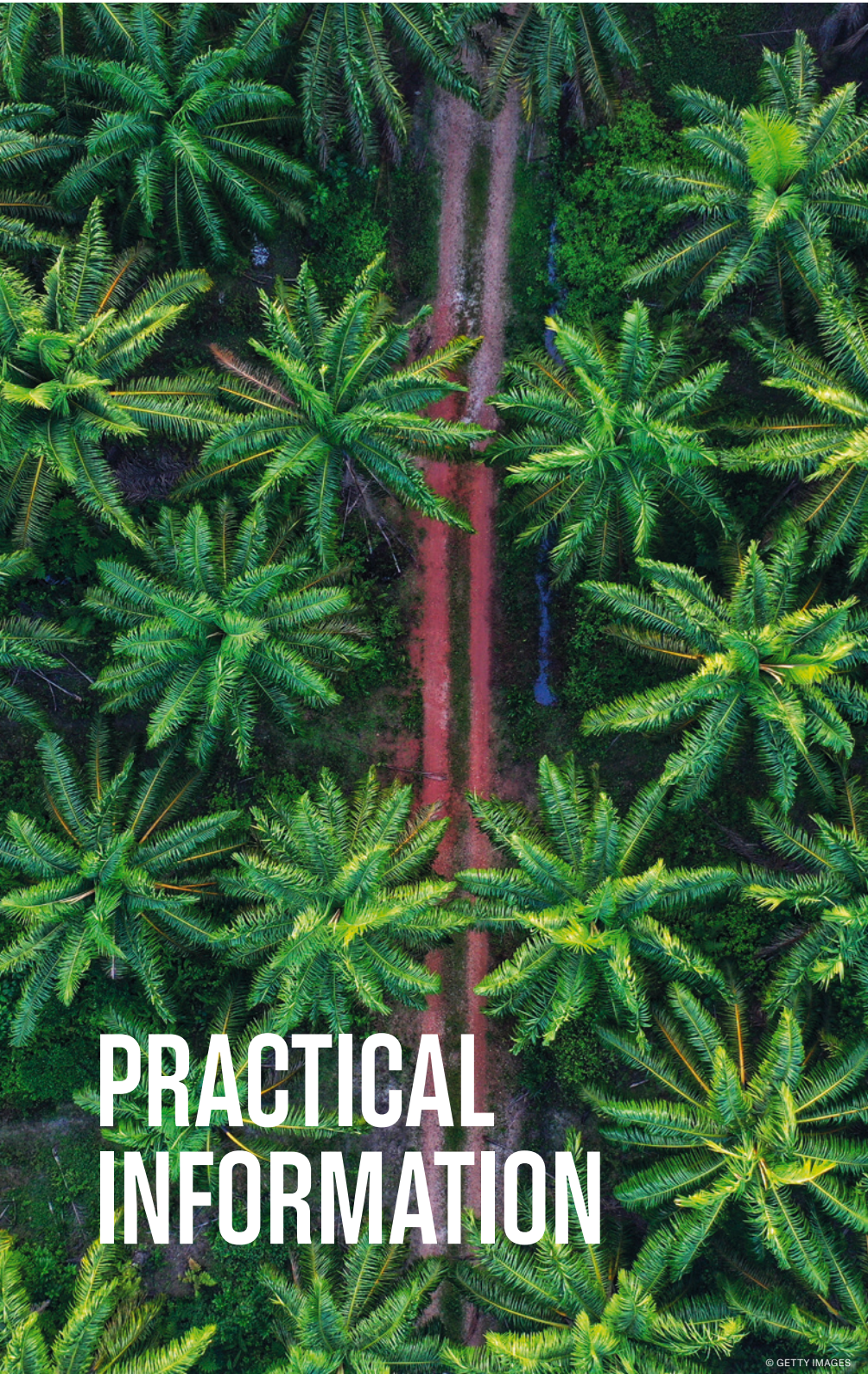
- Fast-drying clothes that can be layered
- Inexpensive rain poncho
- Sandals or shoes you don't mind getting wet
- Wide-brimmed sun hat
- Swimwear
- Polarized sunglasses and sunscreen
- Shorts for warm days
- Insect repellent
- Anti-itch cream for insect bites
- Short- and long-sleeved T-shirts with UV filter
- Trousers for cooler days

[What to bring on your trip »](#)

You will receive a complimentary Helly Hansen expedition jacket and a re-usable aluminum water bottle.



You can borrow boots, trekking poles, and all equipment needed for activities free of charge.



# PRACTICAL INFORMATION

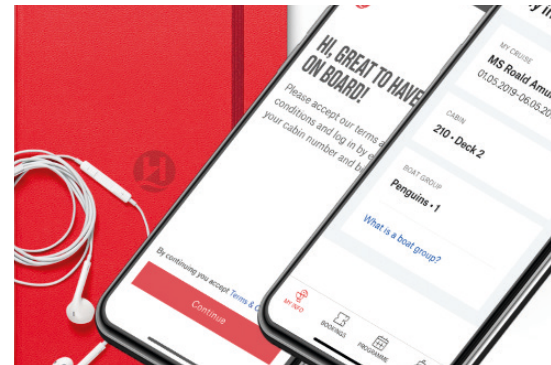
## Wish to be more prepared?

From laundry and onboard Wi-Fi to prohibited items not allowed on board - here's everything you need to know before your expedition with us.

[Practical information »](#)

Hurtigruten ships have been a fixture on the Norwegian coast since 1893. Today, our ships sail to the Arctic and Antarctica, and many destinations in between. On each ship you will find modern facilities carefully blended with true character.

[Discover our fleet »](#)



## Hurtigruten App

is your digital travel companion on our expedition ships.

Everything you need to know about your cruise, including your bookings, daily programme, restaurants and services on board, essential information about available excursions is at hand at any time.

It will be possible to log in once you are on board with your date of birth and your cabin number.

[Download the app »](#)

## Your adventure is safe with us



We care deeply about your safety, health and wellbeing. This is as true now as it has always been ever since we first began sailing in 1893, perhaps even more so. We've introduced several new procedures throughout all our ships, designed to keep you safe.

[Our safety policy »](#)

# YOUR HAVEN TO THE HORIZON

**Your expedition ship is your home away from home; casual, comfortable, and complete with everything you need for your adventure and more.**

If you pictured an expedition as being on a rusty old frigate with faded décor, prepare to have your expectations blown away. From the get-go, you'll see that life on the ship is relaxed and the atmosphere calm and informal. Each public area of the ship has been designed with your viewing pleasure in mind. As you set foot on exotic shores together, you'll naturally grow closer with your fellow explorers. Enjoy swapping stories in the various seating areas dotted around the ship which usually have great views.



© AGURTXANE CONCELLON

# LOVING LOCAL FOOD

**Prepare your tastebuds for mouth-watering meals on board.**

These will often be inspired by the region's unique flavours and cooking styles. Then add in Signature Seafood Evenings and tastings that really showcase specialties of the local cuisine. Wherever possible, ingredients are sourced at local businesses in the ports we visit, reducing food miles and supporting coastal communities.

You'll also be spoilt for choice with sophisticated plant-based menus of gorgeous 'green' food, potentially healthier for you and for the planet too.



© ANDREAS KALVIG ANDERSON

# YOUR ACTIVE ADVENTURE



## Landings

Go ashore to discover charming cities, resort towns and remote villages, or to look for wildlife.

## Expedition boat cruising

Our expedition boats are used for landings where the ship is unable to dock, and also for taking a scenic tour of the area. These small tender boats are crucial for exploring the Chilean fjords and glaciers more closely.

## Community visits

Hang out with Afro Colombians in Bahía Solano, ascend the Teleférico in the bustling Ecuadorian city of Quito, or see original Panama hats handwoven in the handicraft town of Montecristi. Head into Darien National Park to an indigenous Embera settlement in the jungle or meet the Uru people atop their floating islands made from reeds on Lake Titicaca.

## Lectures

The Expedition Teams conduct daily lectures and workshops on many relevant topics. Learn about indigenous Pre-Columbian civilisations, the history of the conquistadors and South America's diverse ecosystems and wildlife.

## Science Center »

During your expedition, you'll have access to the ship's Science Center, with its extensive library and scientific equipment. Our Citizen Science projects let you explore the natural world while also contributing data to international research studies.

## Yoga and meditation

On selected expedition cruises in South America, you'll be able to connect with nature and get your energy flowing with our onboard yoga and meditation classes, run by a professional instructor. When

weather allows for it, this will take place out on deck.

## Kayaking\*

Admire the scenery from the water among the mangroves of Golfito Bay in Costa Rica, or on a guided tour of Lake Titicaca.

## Experts in exploration

Your Expedition Team are your passionate and knowledgeable hosts. They'll ensure you enjoy exciting and informative experiences safely and sustainably. Experts in their fields and adventurers in their own right, they deliver engaging lectures and talks, organise a variety of onboard activities, accompany you on landings, and take the lead on handpicked hikes.

**The Expedition Team »**

# EXPECT THE UNEXPECTED



An adventure can be summed up into two things: journeying somewhere exciting and being adaptable to whatever comes our way. Both apply on your expedition cruise with us.

© GETTY IMAGES

When you embark on an expedition with us, you'll be travelling to some of the most remote and pristine places on our planet. It's an adventure to beautiful coastal areas where nature is at its most raw, wildlife roam free, and where the elements rule. And we wouldn't have it any other way.

## **Open exploration**

Itineraries on our expedition cruises are therefore not completely set in stone. This gives us the flexibility of responding to challenging elements and to grasp new opportunities for exploration as they arise. Whether wind or waves block our way or we see whales we want to observe for a while, the option to divert from our

course is an essential and exciting aspect of expedition cruises.

Our plans may sometimes need to be altered slightly or even changed completely, bringing us to places and surprises not originally on our route, but which will still be just as impressive. Certain days on several of our itineraries even have multiple possible sites we can visit. You can trust the ship Captain together with the Expedition Team to pick the best option, based on the conditions on the day.

It is this unpredictability and adaptability that are at the core of any expedition, and what makes it an adventure so different from

a standard cruise. Embark on a journey with us; a journey where you'll embrace pure adventure, become real explorers, and expect the unexpected. Together, we'll create unique and unforgettable experiences, working with nature, never against it.

# EXPLORE SOUTH AMERICA



Discover some of the highlights and possible sites you might see on your expedition cruise in South America.\*

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## Nazca Lines

From Paracas, join an optional excursion to Pisco Valley to see the mysterious and UNESCO-listed Nazca Lines - huge geoglyphs etched into the desert in the shape of animals or plants.



## Valparaíso

This colourful and unusual UNESCO-listed city is built on steep hillsides and exists as a maze of monuments, churches, historical funicular lifts and colonial architecture.



## Isla de la Plata

Nicknamed 'Ecuador's other Galápagos', Isla de la Plata is a part of Parque Nacional Machalilla and hosts a wide range of wildlife.



## Machu Picchu

Thick vines and trees kept 'the Lost City' hidden for centuries until it took its rightful place as one of the New Seven Wonders of the World.



## Lake Titicaca

According to ancient Andean belief, Lake Titicaca is the birthplace of the sun and the Incas. It is the home of the Uru people who live on floating islands handwoven from reeds.

## Did you know?

The highlights »

In 2008, Ecuador was the first country to officially recognise the rights of nature. Rather than treating nature as property, Ecuador recognises that nature has constitutional rights.

The Atacama Desert in Chile is the world's driest non-polar desert, with an average annual rainfall of only **0.6 inches** a year. Scientists have used the harsh conditions there to test Mars rovers.

There are more than **4,000** varieties of potato grown in Peru. These tasty tubers have been domesticated in this part of the world for at least 8,000 years.

The Andes span **7,000** km from north to south, and through seven South American countries – Venezuela, Colombia, Ecuador, Peru, Bolivia, Chile, and Argentina.

About **40%** of Panama's entire economy is generated by the Panama Canal. All vessels going through Panama Canal have to pay a toll, in cash.

\*Please check your itinerary for all stops and highlights, as they vary for our different expeditions.

# THE QUEST FOR THE NEW WORLD

DISCOVER with us



PHOTO: CLEVELAND MUSEUM OF ART, HURTIGRUTEN

Europe's discovery of South America is an interesting record of Christopher Columbus, wayward ships looking for China and India, competing colonial kingdoms, and cruel conquests.

## In pursuit of pepper

The story of how Europeans 'discovered' the Americas starts with spices. Ever since Roman times, spices were a luxury reserved for the super wealthy. Small republics like Genoa and Venice prospered due to lucrative spice deals with Arab traders and the Ottomans. European countries sought to cut out the middlemen and establish a direct sea trade route to the source of the spices - Asia.

Enter Italian explorer Christopher Columbus. He proposed ships could reach Asia by sailing westwards and lobbied the crowns of Portugal, England, and France to fund his seemingly eccentric endeavour. The monarchs of Spain eventually gave in to his demands and on October 12, 1492, thinking that he had

reached Asia, Columbus claimed a small island in the Bahamas for Spain.

## Divide and conquer

The simmering rivalry between Spain and Portugal intensified when Portuguese explorer Vasco da Gama finally reached Asia by sea. How would these neighbours go about vying for control over these bountiful new lands? Almost casually, by simply drawing a line on the map. In the Treaty of Tordesillas in 1494, all lands along a meridian 370 leagues west of the Cape Verde islands were awarded to Spain. Everything east of this was Portuguese. When the coast of Brazil was found six years later east of the line, Portugal also finally gained a foothold in the new world.

## Plague of the old world


The indigenous population were decimated by diseases brought by the Europeans that they had no immunity to, going from an estimated 50–60 million people to just 9 million in just a few years. Spain and a host of other self-entitled European powers also went about gaining control of South America with brutal efficiency subduing the Aztecs, the Mayans, and the Incas.

## Historic highlights

Today, signs of South America's colonial past are still plentiful from Baroque or Victorian architecture to splendid cathedrals and monasteries. Sites like these and more await you as part of our expeditions to South America.



# DISCOVER WILDLIFE



See an astonishing array of wildlife along the diverse Pacific Coast of South America, from equatorial rainforests and isolated islands down to the fjords and glaciers of Patagonia.

## **The Best in Biodiversity**

Unique among the continents, South America's rich biodiversity is a major draw for nature lovers, birders, photographers, and curious explorers alike. Densely packed along its Pacific coast alone, there is an abundance of endemic species. You'll likely encounter an astonishing array of wildlife from turtles, whales, and elephant seals to condors, sloths, and guanacos.

## **A birdwatchers' paradise**

From the tiny hummingbird to the mighty Andean Condor, the sea cliffs and rainforest canopies of South America are home to more than 3,000 species of birds. With its oversized yellow bill, the Toco, largest of all toucans, is one of the

most recognisable tropical birds of South America.

Keep an eye out for the striking feet of the aptly named blue-footed booby and the impressive wings of the waved albatross, the largest bird in the Galápagos. You might not expect to see penguins in a tropical climate, but the surprisingly cold seawater in the dry season allows colonies of Galápagos penguins to live there comfortably.

## **Animal magic**

In the tropical rainforests of South America, you might encounter sloths lolling overhead; howler monkeys with spine-tingling roars; docile iguanas hiding in plain sight; or crocodiles and alligators in the man-

groves. Further south look out for wild guanacos and huemuls (Andean deer). South America's iconic llamas, alpacas, vicuña, and guanacos are all part of the camel family and potentially also classed as variants of llama. The warm Pacific waters are home to manta rays, whales, sharks, sealions, green turtles and dolphins.

Remember that these are natural habitats, so we can't guarantee that certain animals will appear during your trip. Mother Nature will do as she pleases, and no sightings can be set in stone.

# SUSTAINABILITY

**Exploring our blue planet for more than a century has taught us the importance of being green.**

Over decades, our Captains and crew, Expedition Teams and returning guests have witnessed the impact of climate change on vulnerable polar areas with their own eyes. We want the Arctic, Antarctica, and everywhere in between to remain places of pristine nature, pure water and clean air.

Sustainability is therefore at the heart of who we are and what we do. From the beautiful natural world to remote communities, we want to ensure our expedition cruises protect them both. In line with the UN's Sustainable Development Goals, we're able to offer you greener and more sustainable expedition cruises on and for the planet.

Want to know more?

Visit [our sustainability web page »](#)



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## HURTIGRUTEN FOUNDATION

**Collaborating for change:  
Creating a footprint we can be proud of.**

Hurtigruten Foundation is a platform for taking a stance and volunteering in worthwhile causes – together. Working closely with guests, partners and organizations, Hurtigruten believes we make a genuine difference, by minimizing our operational impact and maximizing the positive contribution we make to local communities. Since the Hurtigruten Foundation was established at the end of 2015, a total of 3,200 000 NOK has been donated to date for 34 projects in eight countries.

Hurtigruten Foundation is funded by direct donations and several onboard initiatives, including auctions, fund-raisers, and primarily the "Green stay" programme, where a donation is made for every day you ask us not to clean your cabin, thereby saving energy, detergents and water. We invite you to join us and leave a footprint we can be proud of!

Visit [the Hurtigruten Foundation web page »](#)



WE STAY GREEN

SCAR FARRERA